

# The Power of Sport in Safeguarding Children and Young People

ECM's Outcomes	BE HEALTHY	STAY SAFE	ENJOY & ACHIEVE	MAKE A POSITIVE CONTRIBUTION	ACHIEVE ECONOMIC WEL-BEING
Aims	<ul style="list-style-type: none"> <li>are physically healthy</li> <li>are mentally and emotionally healthy</li> <li>are sexually healthy</li> <li>live healthy lifestyles</li> <li>choose not to take illegal drugs</li> </ul>	<ul style="list-style-type: none"> <li>have security, stability and be cared for</li> <li>are safe from crime and anti-social behaviour in and out of school</li> <li>are safe from bullying and discrimination</li> <li>are safe from accidental injury and death</li> <li>are safe from maltreatment, neglect, violence and sexual exploitation</li> </ul>	<p><b>Children and young people...</b></p> <ul style="list-style-type: none"> <li>are ready for school</li> <li>attend and enjoy school</li> <li>achieve stretching national educational standards at primary school</li> <li>achieve personal and social development and enjoy recreation</li> <li>engage in law-abiding and positive behaviour in and out of school</li> <li>engage in decision making and support the community and environment</li> <li>develop enterprising behaviour</li> <li>develop self-confidence and successfully deal with significant life changes and challenges</li> <li>develop positive relationships and choose not to bully or discriminate</li> </ul>	<ul style="list-style-type: none"> <li>engage in further education, employment or training on leaving school</li> <li>are ready for employment</li> <li>live in decent homes and sustainable communities</li> <li>have access to transport and material goods</li> <li>live in households free from low income</li> </ul>	
Sport Support	Engagement, education, diversionary activities, alternative lifestyles, increased fitness and reduce obesity, drug free high of sport.	Safe recruitment practices, quality standards, training, reduce risk of injury, sports staff and volunteers know how to respond to abuse.	Role models and mentors, alternative learning through sport, positive experiences, raising self esteem, improved attendance, raising aspirations.	Celebrating successes, impact upon Respect Agenda, children engaged in communities, volunteering and leadership, engaging in positive peer groups, positive peer influences.	Volunteering and Leadership, raising aspirations, workforce development, qualifications, contribution towards regeneration agenda, contribution towards the active travel agenda.
Products	<ul style="list-style-type: none"> <li>Extended Schools</li> <li>School Sports Partnerships</li> <li>PCT programmes</li> <li>Social Inclusion projects</li> <li>Healthy Schools</li> </ul>	<ul style="list-style-type: none"> <li>Club Accreditation</li> <li>Coach Education</li> <li>Risk Assessment &amp; Management</li> </ul>	<ul style="list-style-type: none"> <li>Study support</li> <li>Playing for success</li> <li>Fit For Football</li> <li>Competition</li> <li>Sports Awards</li> <li>PE &amp; School Sport</li> <li>Community Sport</li> <li>Step into Sport</li> <li>Get into Volunteering (GIV)</li> </ul>	<ul style="list-style-type: none"> <li>Club Membership</li> <li>Coaching</li> <li>Officiating</li> <li>Young People Focussed funding opportunities</li> <li>Codes of Conduct</li> <li>Festivals &amp; Competition</li> <li>Sports Awards</li> </ul>	<ul style="list-style-type: none"> <li>Community focussed school sport</li> <li>Extended schools</li> <li>Open space / Sports Facilities</li> <li>Building Schools For the Future</li> <li>Step into Sport</li> <li>Get into Volunteer (GIV)</li> <li>Strategic groups and forums</li> </ul>
Case Studies	<p><b>Ben - aged 12</b></p> <p>Ben was excluded from school and was overweight. He came onto the Positive Futures programme where he started to engaged in 3 hours activity a week. This included fitness, boxing and multi-sports. He completed 40 hours of sport and physical activity over 3 months and lost over a stone in weight. Ben is now looking at getting back into school.</p>	<p><b>Janet - aged 17</b></p> <p>Janet is a 17 year old girl who has moderate learning difficulties. She has been a member of Hull Special Olympics Swimming Club for a number of years, and has progressed to swimming for the club at national and international level. Last year she completed a Junior Sport Leader Award through her school which led to her registering for Motiv8 as a volunteer. In 2006 Janet won the Young Person's Sporting Award for Endeavour. Since then, she has worked on occasional holiday programme sessions as a volunteer and now volunteers regularly for the Special Olympic Club, coaching younger swimmers. Having always been interested in a wide range of sports, we encouraged Janet to apply for the Clipper Round The World Yacht Race. Competition for places was extremely strong, but Janet qualified in her own right for a place and will be sailing off with the Clipper shortly after her 18th birthday.</p>	<p><b>Club Development</b></p> <p>Scunthorpe Steelers Basketball Club started with a small number of volunteers who wanted to provide opportunities for children and young in sport. After strong commitment they qualified in th England Basketball coaching qualifications and all coaches and volunteers completed CRB checks and attended training such as Child Protection and Equity in Your Coaching. The club strived for ClubMark to ensure their club was attractive and a friendly environment for young people to be part of. They successfully achieved accreditation which lead onto an increased junior development, more competition, which supported the infrastructure of Humber Basketball player pathway. The club is now one of the most proactive, forward thinking clubs in the Humber sub-region.</p>	<p><b>Young People's Group</b></p> <p>A group of young people were referred from Police after causing problems in the local area. They engaged in sports activities and after consultation they had concerns for their younger siblings. Thus, the young people submitted a funding bid for Big Boost to provide activities. The young people now want to lead and run the programme and are therefore completing qualifications in CSLA, First Aid and Child Protection.</p>	<p><b>Jack - aged 17</b></p> <p>Through support provided by local authorities i.e. training, mentoring and qualifications a Jack was able to establish a career pathway in sport. He started at college on a sports course, completed 200 hours on the Step Into Sport programme. He then became a paid casual sports coach and is now looking at progressing in a full time career in coaching.</p>



## Humber Sport Safeguarding Policy

